



E M E R G E N C Y

# RESPONSE

AT BBCHS

Take a deep breath and respond calmly!

AMY- Ext. 6019 BETH - Ext. 6026

# TYPE 1 DIABETIC CRISIS



## ***HYPOGLYCEMIA: LOW BLOOD SUGAR LEVELS***

- \* SYMPTOMS- HUNGER, FATIGUE, SWEATY, RAPID HEART RATE, NAUSEA, CHANGES IN BEHAVIOR  
SHOULD BE ESCORTED TO THE NURSE***
- \* EMERGENCY- LOSS OF CONSCIOUSNESS OR SEIZURE  
CALL 911 AND FOR NURSING ASSISTANCE***

## ***HYPERGLYCEMIA: HIGH BLOOD SUGAR LEVELS***

- \* SYMPTOMS- INCREASED THIRST, TIREDNESS, NAUSEA, ABDOMINAL PAIN, HEADACHE***



# RECOGNIZE AND ASSISTING WITH SEIZURES



## *COMMON SYMPTOMS OF SEIZURE:*

- \* CONFUSION*
- \* STARING*
- \* UNCONTROLLABLE, JERKING MOVEMENTS*
- \* LOSS OF CONSCIOUSNESS OR AWARENESS*

## *HOW TO RESPOND:*

- \* ENSURE THE PERSON IS IN A SAFE ENVIROMENT*
  - \* THE PERSON SHOULD BE ON THE GROUND AND CLEAR OF ANY HAZARDS*
- \* TURN THE PERSON ON THEIR SIDE TO PREVENT CHOKING*
- \* CALL FOR THE SCHOOL NURSE OR ADMINSTRATIVE ASSISTANT AND 911*

# Allergic Reactions - Anaphylaxis

- Mild Symptoms: sneezing, itchy nose or mouth, nausea, itchy skin with few hives
  - Escort to the nurse's office for monitoring and medication
- Severe Symptoms: anxiety, swelling of lips/tongue, shortness of breath, wheezing, throat tightness, trouble swallowing, dizziness, vomiting, pale skin, many hives
  - Call 911
  - Place the individual on the floor
  - Call for nursing support for the emergency use of Epinephrine
    - Repeat of Epinephrine if no relief after 5 minutes
  - [VIDEO](#)

# CHECK- CALL-CARE



**1. CHECK THE SCENE FOR SAFETY- CHECK  
PERSON FOR CONSCIOUSNESS**

**A. UNCONSCIOUS: CHECK PERSON BY TAPPING ON THEIR SHOULDER  
AND ASKING "ARE YOU OKAY?"**

**B. CONSCIOUS: ASK IF THEY ARE CHOKING AND ASK IF YOU CAN HELP  
THEM.**

**2. CALL 911 OR NURSE AMY AND BETH [EXT. 6019/6026]**

**A. SPECIFICS- - NATURE OF INJURY, STATE OF CONSCIOUSNESS**

**3. CARE FOR THE PERSON**

# Conscious choking

**Universal sign of choking:**

- Hands around the throat

**Look of panic, unable to talk,**

**Strained or noisy breathing**

**Lips, skin, nails change color**



Conscious Choking



# CPR



## HEART ATTACK

**PAIN/PRESSURE IN CHEST**

**\* LIGHT HEADED/ DIZZY**

**\* SHORTNESS OF BREATH**

**\* "REFERRED PAIN"**

**ARMS/ LEFT SIDE**

**BACK/ NECK/ JAW**

## CARDIAC ARREST

**\* SUDDEN FAINTING/ PASSING OUT**

**\* NO RESPONSE**

**\* NOT BREATHING**

[CPR video](#)

[AED Video](#)



B O I L E R M A K E R

**AED**

**TRAINING AND INFO**

**Under 8 years old or under 60lbs- use Kids Pads  
If in doubt- adult pads are okay.**





# AED

ALL THREE GYMS- MAIN/EAST/NORTH  
NURSE'S OFFICE  
JASON'S OFFICE  
HANGING ON OUTSIDE CONCESSIONS  
SOFTBALL CLOSET IN DUGOUT  
POOL DECK  
CARDIO ROOM